

[BALANCED]

Promoting & advancing integrated population, health, and environment approaches

BALANCED PHE Course

BUILDING COMMUNITY RESILIENCE: INTEGRATING POPULATION, HEALTH AND ENVIRONMENT (PHE)

February 18 - 28, 2013
Tanzania

INTRODUCTION

The United States Agency for International Development (USAID) - supported Building Actors and Leaders for Advancing Community Excellence in Development (BALANCED) Project invites you to participate in a two-week course on Integrating Population, Health and Environment (PHE) approaches. The course will be delivered in Tanzania. The course is sponsored by the University of Rhode Island (URI) Coastal Resources Center (CRC), PATH Foundation Philippines, Inc. (PFPI) and Conservation International (CI).

This two-week intensive course is for professionals working with the environment, economy or the population/health of coastal and inland communities. It promotes advanced thinking, the sharing of lessons learned from practical experience and the exploration of creative ideas from around the world. It is designed to meet individual learning needs and provide the opportunity to receive feedback from peers and international experts. It offers a rare opportunity for reflection, learning, networking and access to leading thinkers and practitioners in natural resources management, population and health and the nexus of all three. The course is unique in that it builds technical and management skills and knowledge while also providing professional skills development.



Photo credit: Tanzania Coastal Management Partnership

OBJECTIVES

At the conclusion of this course, participants will be able to:

Knowledge building sessions:

- Champion the PHE approach
- Implement proven techniques for building community resilience through integrated programming
- Design integrated PHE issue assessments in areas of high biodiversity
- Develop integrated interventions that address root causes of environmental and social change across PHE sectors
- Apply improved professional skills to conduct their PHE activities



Professional skills-building sessions:

- Group dynamics & teamwork
- Integrated program design
- Clear and persuasive communication
- Leadership

AUDIENCE

Who will benefit most from this course are individuals who are actively engaged in integrated health and conservation projects, as well as those working in any aspect of international development at the national, regional or local scale and whose work requires cross-sectoral integration to adapt to rapid change. It is ideal when professionals across a spectrum of organizations attend as a team to strengthen their joint planning and thinking in relation to specific communities and their natural resources. Participants/teams could come from a wide range of

organizations:

- Professionals in management of natural resources, fisheries, hazards, population, health, environment
- Staff from non-governmental organizations addressing community development and the natural resources management environment
- Project managers in development organizations, donors or regional development banks
- Business entrepreneurs engaged in livelihood enterprises

The course is most appropriate for individuals that: 1) are proficient in speaking and writing English, 2) have three to five years field experience, 3) are in a position to promote PHE policy, project design or implementation activities, 4) have the means to partner with others for addressing PHE issues, and 5) are committed to serving as a PHE champion and integrating PHE in his/her work.

METHODOLOGY

The course is based on the principles of adult learning with a focus on interactive activities that address the practitioners' needs and immediate options for application. Participants will work with country teams where possible to build inter-agency understanding and potential coordination. Participants will also take lessons and skills learned in the course and apply them to a personal Action Plan, which helps ensure immediate value to their current workplace issues and tasks. The course is built around case studies that draw from the experiences of the BALANCED project and/or its partners as they have implemented PHE in different regions of the world, in different contexts and using somewhat different PHE "models." Guest speakers will highlight current state-of-the-art PHE practices. Additional methodologies and cases will be highlighted to expose participants to the variety of methods and tools being applied globally. A field trip to local communities will allow participants to share learning and explore new ways of thinking about P, H, and E issues in a neutral setting away from their own "place."

ACTION PLAN

Each participant will develop his/her own personal Action Plan in which they apply the course materials directly to their



Photo credit: Tanzania Coastal Management Partnership

PHE work. Throughout the course, participants will deliver presentations on this action plan, and share their experience and learning with their peers. As outputs from this personal project, each participant will take away:

- An analysis of the PHE dimensions as they apply to his/her workplace issues
- A set of integrated PHE interventions and a strategy for moving these forward
- A commitment to play a post-course PHE leadership role in his/her place

STRUCTURE

The course is designed around four cross-cutting focal areas. Some sessions include field trips to apply skills.

Introduction to PHE Issues

These sessions introduce many new concepts across the three sectors of population, health and environment. Participants identify their indicators of a resilient community and what a decision-maker can do with this information. Participants introduce their own work experience through his/her Action Plan (described above), which they will continue to hone over the duration of the course as they incorporate learning and skills from the training into the plan.

Designing Integrated Issue Assessments that Include PHE Aspects

The next set of sessions focus on how to assess the linkages between PHE issues in rural communities. These sessions review in detail each of the P, H, and E as well as the gender dimensions of community development issues and suggest key tools and materials that can be used by the different sectors. We introduce participants to best practices in issue assessments and using systems thinking to produce clear and meaningful results to guide decision-makers. Participants will return to their Action Plans again to add new ideas and analysis to their issues. A field trip to a local community will highlight some common PHE issues and how management agencies are responding to the challenges.

Developing Integrated PHE Interventions

These sessions, which come closer to the end of the course, focus on solutions and strategy. The PHE sectors have their own “language”, monitoring indicators and funding priorities. So, how

can projects meet multiple objectives yet stay within existing management resource constraints? We present a comprehensive list of interventions to address PHE issues and analyze how these might be used in the specific contexts of the places where participants work. Participants then add their goals, strategies and interventions to their Action Plans and start producing their final Action Plans outputs and presenting the results to the class.

Leadership Skills for Promoting PHE

Leadership skills-building is woven throughout the course to allow multiple opportunities to apply the new skills. The emphasis is on acknowledging that all of us are potential leaders for championing the PHE approach as a way to address communities’ issues. These sessions also help participants understand their personal and profession “style” and preferences and how these interact with those of others in the workplace. The sessions also provide tips for more effective written and oral communication and provide the opportunity to practice and improve these skills. We also explore issues of team work and the value in nurturing partnerships across sectors.

TIME

Ten days are required to effectively cover the materials and provide opportunities for participants to practice key skills. Days will be filled with interactive formal coursework. Evenings will be free for participants to socialize and reflect on lessons from the day.

VENUE

The course will take place in the coastal town of Bagamoyo, Tanzania, approximately one hour drive northwest of Dar es Salaam. A field trip is included to demonstrate coastal issues and strategies. The conference site and hotel will be confirmed by the end of November 2012.

FEES

The course fee is US\$3,000. This covers tuition, housing, breakfast and lunch during classes, field trips, reading materials, special events, and limited health and accident insurance (if needed). Fees do not cover personal expenses, dinner or travel to and from Tanzania. Registration deadline is December 31, 2012, with a non-refundable fee of \$500 US.



Photo credit: Tanzania Coastal Management Partnership

AGENDA

A two-week overview agenda is provided at the end of this document. Course sessions are organized by color to provide an easy-to-read visual of the flow of the course content. Some skills are repeated throughout the course to give participants the opportunity to learn the skill then apply it and practice it multiple times.

RESOURCE MATERIALS

All of the course materials are available electronically. This includes the session plans, handouts, presentations and reference materials. Participants will be given USB flash drives on the first day of the course. These will contain some reference materials and will be updated at the end of the course with additional course materials such as participant outputs. The course also uses an online workspace. Materials are uploaded frequently and provide a resource to participants after the course. Participants in this course will be joining an existing network of PHE champions who attended a similar course in 2012 thus expanding professional networks.

A full range of PHE resources is available on the PHE Toolkit on the Knowledge for Health website at <http://www.k4health.org/toolkits/phe>. The BALANCED Project (2008-2013) maintains this Toolkit.

EVALUATION

Throughout the course, trainers will check-in with the participants to determine how well they are absorbing the information and skills. Rather than using long, written, formal activities to make such evaluations, we use games, role-plays and voting to assess participants understanding and skills. These micro-evaluations are done daily as needed, and at the end of each module. A final evaluation will be administered for reporting purposes.

CONTACT INFO

For more information and to apply, please contact:

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Building Community Resilience: Integrating Population, Health and Environment (PHE)

February 18 - 28, 2013
Bagamoyo/Pangani Tanzania

TIME	WEEK 1							WEEK 2					
	SUNDAY 17-Feb	MONDAY 18-Feb	TUESDAY 19-Feb	WEDNESDAY 20-Feb	THURSDAY 21-Feb	FRIDAY 22-Feb	SATURDAY 23-Feb	SUNDAY 24-Feb	MONDAY 25-Feb	TUESDAY 26-Feb	WEDNESDAY 27-Feb	THURSDAY 28-Feb	FRIDAY 1-Mar
8:30	ARRIVE	Introduction: course objectives, participants, trainers	Resilience = Integration	Issue Assessment & Systems Thinking	Climate Change and NRM/CRM	Monitoring & Evaluation	FREE DAY	Free Time	Field visits (villages)	Field visits (District Staff)	Communication Skills	Action Planning	DEPART Arranged Transport for All
9:00													
10:00								travel to Pangani	Lunch	Lunch	Lunch		
11:00									Lunch	Lunch	Lunch		
12:00													
1:00									Lunch	Lunch	Lunch		
2:00		Profiles (continued)	Population Dynamics review	Family planning methods /distribution review	IEC/Behavior Change	Communication Skills	FREE DAY	Leadership Retreat - with Lunch	Field visits	Preparing your PHE Action Plan Setting Goals and Objectives	PHE Implementation Challenges: Moving from Design to Practice	Presentation of PHE Action Plans	DEPART Arranged Transport for All
3:00		Status of PHE: Review PHE approaches and links w/ P, H, and E											
4:00													
4:30									Debrief	Travel to Tanga	Preparation for tomorrow's presentation	Evaluation	
5:00									WRAP-UP	WRAP-UP	WRAP-UP	Closing Circle	
6:00													
7:00													
8:00													
9:00		Welcome Dinner											

Social/Free Time	PHE Sessions	Leadership	Field Trip	Action Planning
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COLOR CODE