

**Building Actors and Leaders for Advancing Community  
Excellence in Development:  
The BALANCED Project**

**Semi-Annual Results Report #9  
For Period July 1, 2012 – December 31, 2012**

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*Implemented by:*

**Coastal Resources Center at the University of Rhode Island  
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For more information contact: Linda Bruce, Project Director  
Email: [Linda.Bruce@crc.uri.edu](mailto:Linda.Bruce@crc.uri.edu)



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## Acronyms

ABCG	Africa Biodiversity Collaborative Group
APE	Adult Peer Educator
BALANCED	Building Actors and Leaders for Advancing Community Excellence in Development
BCC	Behavior Change Communication
BMCT	Bwindi Mgahinga Conservation Trust
BMS	Behavioral Monitoring Survey
CA	Collaborating Agencies
CAR	Central Asia Republic
CBD	Community-based Distributors
CBFP	Community-based Family Planning
CCEF	Coastal Conservation and Education Foundation, Inc.
CEWEFIA	Central and Western Fishmongers Improvement Association
CI	Conservation International
CIP	Conservation International Philippines
COMACO	Community Markets for Conservation
CRC	Coastal Resources Center
CRM	Coastal Resources Management
CTPH	Conservation Through Public Health
DBC	Designing for Behavior Change
DED	District Executive Director
DMO	District Medical Office
DSW	Deutsche Stiftung Weltbevoelkerung
EAC	East Africa Consultant
ECHNTS	Esiama Community Health Nurses Training School
ECO	Ecological Christian Organization
ECSP	Environmental Security and Change Project
FHI	Family Health International
FON	Friends of the Nation
FP	Family Planning
GH	Global Health
GIZ	German Society for International Cooperation
GMVR	Glacier Melt Vulnerability Resilience
HOPE-LVB	Health of People and Environment in the Lake Victoria Basin
ICM	Integrated Coastal Management
IEC	Information, Education and Communication
IR	Intermediate Result
K4Health	Knowledge for Health
KM	Knowledge Management
MGD	Millennium Development Goals

M & E	Monitoring and Evaluation
MGNP	Mgahinga Gorilla National Park
MOH	Ministry of Health
MOU/A	Memorandum of Understanding/Agreement
MSI	Marie Stopes International
NFPWG	National Family Planning Working Group
NGO	Non-Governmental Organization
NRM	Natural Resources Management
OEECC	Office of Energy, Environment and Climate Change
OH	Office of Health
OPRH	Office of Population and Reproductive Health
OSIENALA	Friends of Lake Victoria
PEPFAR	President's Emergency Plan for AIDS Relief
PFPI	PATH Foundation Philippines Inc.
PHE	Population-Health-Environment
PMP	Performance Monitoring Plan
PNG	Papua New Guinea
PTAL	PHE Technical Assistance Lead
RH	Reproductive Health
SACCOS	Savings and Credit Cooperation
SANAPA	Saadani National Park
STI	Sexually Transmitted Infections
TA	Technical Assistance
TCMP	Tanzania Coastal Management Partnership
TKCP	Tree Kangaroo Conservation Program
TNC	The Nature Conservancy
TOT	Training of Trainers
URI	University of Rhode Island
USAID	United States Agency for International Development
USG	United States Government
VEDCO	Volunteer Efforts for Development Concerns
VHT	Village Health Teams
VIP	Verde Island Passage
WCS	Wildlife Conservation Society
WHO	World Health Organization
WIOMSA	Western Indian Ocean Marine Science Organization
WPZ	Woodland Park Zoo
WWC	Woodrow Wilson Center
WWF	World Wildlife Fund
YPE	Youth Peer Educator

## I. Introduction

On September 17, 2008, the United States Agency for International Development Bureau for Global Health (USAID/GH) awarded the new Population, Health and Environment (PHE) technical leadership Cooperative Agreement *Building Actors and Leaders for Advancing Community Excellence in Development* (BALANCED) to the Coastal Resources Center (CRC) at the University of Rhode Island (URI) and its highly qualified team of international partners, PATH Foundation Philippines, Inc. (PFPI) and Conservation International (CI). The five-year BALANCED Project has a ceiling of almost \$7.5 million in core funding from the USAID/GH Office of Population and Reproductive Health (OPRH), which includes potential Mission Buy-ins from all accounts.

The Project's objective is to **advance and support wider use of effective PHE approaches worldwide**. To accomplish this, BALANCED has three Intermediate Results (IRs).

IR1 – Capacity built for integrated PHE implementation

IR2 – PHE knowledge and tools developed, organized, synthesized and shared

IR3 – Results-oriented PHE field activities implemented in areas of high biodiversity

## II. Project Results

The BALANCED Project has been working toward its goal of expanding the number of organizations and practitioners using the PHE approach, tools and methodologies in countries with significant biodiversity and population pressures. Toward that end, we have trained over 2,000 people in 10 countries in Africa and Asia, and nearly 100 BALANCED trainees have built the capacity of their local counterparts on PHE project implementation strategies. Our workshops and substantial post-training support and mentoring have led 21 organizations in eight countries<sup>1</sup> to incorporate PHE tools and protocols into their work. During this last year of the Project, BALANCED is turning over the capacity building effort to local counterparts in Africa and Asia. Thus, during this reporting period from July 1 to December 31, 2012, we have been organizing an Africa PHE course that will actively involve key PHE practitioners who have received support over the past three years so that they can be a resource to their organizations and to others interested in implementing PHE in their region/country. We also continued to provide post-training support and mentoring to select organizations/BALANCED trainees that have requested additional technical inputs.

Another means of achieving our goal is to make tools available and share lessons learned, case studies and best practices with the PHE community and organizations implementing or interested

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<sup>1</sup> In Tanzania: TCMP, UZIKWASA, WCS/TZ, Pangani District Health Office and Pangani District Council, In Ethiopia, ENWRA and Metu District Government: In Kenya, FHI360 and GBM: In Uganda, Pathfinder/UG, ECO, Osienala, CTPH, VEDCO, and BMCT: In Ghana, FON, ECHNTS, CEWEFIA: In Mozambique, GRP: In the Philippines KKPFI/WWF; In PNG, TKCP: In Zambia, WCS.

in implementing the PHE approach. To date, 14 tools, methodologies, guides, curricula, and technical reports have been developed and shared with thousands of individuals on the PHE Toolkit. During this reporting period, we began drafting the remaining tools and curriculum that will reflect nearly five years of BALANCED experiences and lessons learned. These documents will be finalized by June 30, 2013. Thousands of people continue to visit the PHE Toolkit every year. In the July to December 2012 period, almost 3,000 people made visits. Although a respectable number, it is slightly less than in previous reporting periods. It may not be coincidental that during this period (October – November 2012), K4Health Toolkits were being migrated from the original to a new platform. The migration occurred in phases, and the PHE Toolkit transfer occurred in one of the mid- to later phases.

In the field, BALANCED PHE activities in Tanzania, led by the Tanzania Coastal Management Partnership (TCMP), have become a learning site for organizations implementing coastal resource management (CRM) and PHE activities in Africa. As such, the Africa PHE course will be held in Tanzania, and participants will visit and learn how BALANCED has conceptually linked and operationally integrated CRM, livelihoods, HIV and family planning (FP) interventions in five wards in Pangani District. As the Project comes to a close, we have been discussing the handover of the PHE volunteers in Pangani with the district government and working with TCMP to incorporate PHE into its on-going *Pwani* Project. During this reporting period, BALANCED continued to strengthen and scale-up PHE activities in two bio-regions of the Philippines—the Verde Island Passage (VIP) and Danajon Bank—with USAID Philippines field support funds. PHE activities are being maintained in sites where PHE activities were conducted prior to the BALANCED Project and scaled-up in new sites that have had no previous PHE interventions. As for our seed grants, Wildlife Conservation Society (WCS) Zambia is winding down its PHE activities with positive results. In addition to working closely with its lead farmers as peer educators and the local health center to distribute FP methods, WCS has successfully integrated health and family planning into its conservation and livelihood activities. WCS lead farmers who are bringing improved livelihood know-how to other farmers (who were former poachers) in their community, were trained as health and family planning peer educators. They talk to community members and other farmers about how taking care of one’s health and family also contributes to improved food security and the well-being of the family and environment where they live. . WCS is so committed to the approach that it has developed an internal PHE policy for its operations.

The purpose of supporting two seed grant recipients in Uganda was to contribute to the growing number of organizations implementing PHE approaches in this country, developing a critical mass of expertise in East Africa. Both Volunteer Efforts for Development Concerns (VEDCO) and Bwindi Mahinga Conservation Trust (BMCT) have fully endorsed the PHE approach and joined the active PHE network in Uganda. Because their seed grants began early in Year 4, they are still fine-tuning their model and requiring on-going technical support and mentoring. To date, the adult and youth peer education system has been put in place and referral mechanisms established by both seed grant recipients. Similarly, the Woodland Park Zoo’s (WPZ) Tree Kangaroo Conservation Program (TKCP) has also just implemented its peer education program, and is implementing its PHE intervention in the remote areas of Moribe Province in Papua New Guinea (PNG). As could be expected, all three seed grant recipients have experienced some delays because of inclement weather, elections and transportation challenges due to the

remoteness of their project sites. During the next reporting period, BALANCED will work closely with these seed grant recipients to finalize the model and develop sustainability plans.

Lastly, with remaining funds from our USAID Asia Bureau buy-in, BALANCED began drafting an integrated, PHE-like glacier melt vulnerability resilience (GMVR) tool for use by USAID in its programming in the Central Asia Republic (CAR) (outline of the tool and its purpose had been pre-approved by USAID Asia Bureau). During this reporting period we also were able to leverage US \$6,500 from partners to attend conferences.

The summary below describes how the BALANCED Project team has progressed in achieving its vision and implementing its strategic approach for advancing and supporting wider use of effective PHE approaches worldwide, while acknowledging the limited financial and human resources to implement this vision. Each section on the individual IRs describes: activities implemented during this reporting period; performance monitoring data; and priorities for the next six months. Although reported by IR, the activities have strong synergies, are closely linked to each other, and contribute collectively to the Project's overarching vision and goal. The final sections include management opportunities and challenges, the comprehensive performance monitoring plan (PMP) table and annexes.

## **IR1 Capacity built for integrated PHE implementation**

The BALANCED Project's overall capacity building goal is to enable PHE practitioners to plan, implement and monitor effective PHE activities and become resources to their organization, region and/or country. During this reporting period, we began turning capacity building over to many of our PHE practitioners, while continuing to build the capacity of organizations still developing their PHE model. In addition to planning the 2013 Africa PHE course, we continued to provide post-training support to select BALANCED trainees who requested technical support to strengthen or finalize their PHE interventions. This support was designed to ensure that ownership of the PHE process is transferred to our partner organizations. Details of capacity building support provided during this reporting period are described below.

### **1.1 Build capacity of champion NGOs in Africa on PHE**

Building on CRC's June 2012 course entitled "Building Coastal Community Resilience: Population, Health and Environment Dimensions," BALANCED will be implementing the Africa Regional PHE course from February 18 to 28, 2013. This intensive 10-day course for professionals working in population, health and/or environment in Africa is designed so that "[existing] *cadres of competent PHE practitioners from Africa are promoting PHE approaches that simultaneously support family planning and conservation and[how to]work collaboratively with other groups to apply PHE knowledge and state-of-the art practices....*" The venue is Bagamoyo, Tanzania where the TCMP office is located, and where CRC has integrated PHE into their *Pwani* Project. This course uses a fee-based model, whereby participants are requested to pay "tuition" or a "fee" to cover the costs of the training course, lodging, meals and local transportation. A limited number of tuition and/or travel scholarships will also be provided to participants unable to pay the full costs of attending the program. The more paying participants there are, the more scholarships will be available.



During this reporting period, we completed the following tasks *in preparation for* the course:

- Selected Glenn Ricci, Coastal Management Specialist/CRC, and Janet Edmond, BALANCED Advocacy and Communications Deputy Director/CI as the course lead coordinators; Mrs. Ms. Lucy Shillingi, Pathfinder Country representative for Uganda and HOPE-LVB Project Director, and Mr. Juma Dyegula, BALANCED PHE Coordinator in Tanzania, as co-trainers; and other TCMP staff working on BALANCED activities to help co-lead key sessions, as appropriate.
- Together with the coordinators/co-trainers and Joan Castro, BALANCED PHE Technical Assistance Lead (PTAL), adapted the June 2012 course training modules and session plans to the African context.
- In addition to developing course brochures and distributing them to key non-governmental organizations (NGOs) and institutions implementing or interested in the PHE approach, BALANCED advertised the course multiple times on the PHE listserv and Africa PHE listserv. Also, during her November 2012 trip to Africa, the BALANCED Project Director personally visited VEDCO, BMCT, Pathfinder, Deutsche Stiftung Weltbevölkerung (DSW) (Uganda and Kenya) and Family Health International 360/FHI (Kenya) to promote the course.
- Recruited five participants to the course (the goal is 15 - 18 participants)<sup>2</sup>.

#### Results from Activity 1.1:

- None to date

### **1.2 Provide on-going support to BALANCED trainees and PHE practitioners**

A key element of our capacity building strategy is providing post-training repetition, learning and mentoring and regular support to help build sustainable capacity, and promote a sense of ownership of PHE within targeted organizations. Post-training support is provided by BALANCED staff members, and, in particular, our East Africa Consultant (EAC), Ricky Hernandez, who visits East Africa twice yearly to provide support to NGOs implementing PHE in that region.

As the BALANCED Project begins to hand over PHE implementation and capacity building to the key PHE champion organizations identified in the mid-term strategy, and these organizations begin implementing their PHE activities and taking on capacity building responsibilities, we reduced the amount of post-training support provided to organizations that received BALANCED training over the past four years. Post-training was mainly focused on helping organizations sustain their PHE activities or identify/develop a plan for turning over their PHE activities to their local counterparts. During this reporting period, we provided technical support to four organizations and one Peace Corps Volunteer from four countries (Tanzania, Ghana, Ethiopia and the Philippines). The technical support provided includes:

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<sup>2</sup> As of the date of this report, there are 16 participants (8 making full payment; 8 on scholarship)

- **Tanzania Coastal Management Partnership** - During this reporting period, the BALANCED EAC visited Tanzania and worked with the PHE Coordinator, Juma Dyegula to: 1) monitor PHE activities in Pangani and Bagamoyo project sites, 2) help TCMP phase out BALANCED activities in Pangani, 3) explore ways to hand over the supervision of the PHE volunteers to the Pangani District government, and 4) assist TCMP with the integration of PHE activities in CRC's Pwani Project in Bagamoyo. Highlights include:

  - Discussions with the Pangani District Integrated Coastal Management (ICM) facilitator about the phasing out of PHE activities. It is assumed the BALANCED-trained community-based distributors (CBDs) will continue to be supported by the Ministry of Health (MOH). However, in order to address the sustainability of the adult peer educators (APEs) and environmental activities, it was decided to hold a forum with Ministry department heads and village leaders to discuss how to incorporate PHE activities into the village development plans. During the forum, the PHE coordinator will also show the Wilson Center's three-minute film [PHE Video](#) on the Pangani PHE activities.
  - Together with the ICM facilitator, the EAC and Juma visited the District Executive Director (DED) who agreed to the forum and offered to draft and sign the letter himself. Subsequently, the District Medical Officer (DMO) set the meeting in December 13, 2012. The DMO also supported the idea of forming youth clubs for the youth peer educators (YPEs) since the Pangani youth center was too far for youth to visit (See Activity 3.1).
  - In the community, APEs have a high status and are called doctors. CBDs consider the APEs very helpful in decreasing the CBD workload. When a client talks first with an APE, the CBD needs to spend little or no time educating that client. CBDs provide clients with another advantage. Because CBDs live in the local community, the client usually has a shorter distance to travel to access services/commodities than if they had to travel to the nearest health center. Very busy people may even have access to a CBD at night. The Village Chair and other officers mentioned they want PEs and the CBDs to continue. To help ensure this happens, they will continue to support the CBDs and PEs by ensuring PHE-related activities are included in the village plans submitted annually to the District.
  - Consultation meetings with APEs and CBDs were held to discuss their plans to sustain the PHE activities and whether they would want to self-organize.
  - The EAC discussed with TCMP the need for them to follow up with the Village development plans to ensure continuing support for the PEs' and CBDs' PHE activities.
- **The Integrated Coastal and Fisheries Governance Project (ICFG) or the *Hen Mpoano* (Our Coast) Initiative in Ghana** - Since 2009, BALANCED has been providing technical support to integrate health and family planning into the USAID/Ghana-supported Integrated Coastal Fisheries Governance Project (referred to locally as *Hen Mpoano*) activities in Ellembele and Shama districts. *Hen Mpoano* is implemented by CRC in partnership with Friends of the Nation (FON) to address declining fish stocks and food security in Ghana's Western Region. During this reporting period, minimal virtual technical support was provided to the *Hen M'poano* project as it continues to implement PHE activities in the two districts. Successes in Ghana include:

- Overall, 2,000 community members were trained on population, health and/or environment topics through small group meetings, mini-workshops, etc. Further, *Hen Mpoano*'s information, education and communication (IEC) activities (radio skits/loud speaker, small group gatherings) reached 3,170 people with P, H and E messages
  - In Ellembelle, the Peace Corp volunteer, Leslie Mwinnyaa (formerly Lucas) continued to engage trained student nurses from Esiamia Community Health Nursing Training School (ECHNTS) as a means to promote PHE linkages in *Hen Mpoano* project sites. Toward that end, another group of 40 trained 2<sup>nd</sup> year students joined the PHE student association and counseled youth on PHE linkages and pro-environment and pro-health behaviors. Ms. Mwinnyaa is working to bring similar programs to three Senior High Schools. She also facilitated a workshop on maternal child health and nutrition and PHE for the Ghana Health Service staff from 11 communities responsible for providing education and home care for women. These YPE activities will be handed over to the ECHNTS when *Hen Mpoano* ends in August 2013.
  - In Shama, 18 staff from Central and Western Fishmongers Improvement Association (CEWEFIA) who were trained as CBDs are currently providing FP services to the coastal fishing communities in Shama. Nearly 300 people have been counseled on PHE linkages and family planning.
- **World Wildlife Fund/WWF-Philippines** - The BALANCED Philippines Project sites in Danajon served as the study tour site for the WWF/Philippines (Kabang Kalikasan ng Pilipinas) PHE Project. Although specific funds to provide technical assistance to WWF Philippines were not available in the Year 5 budget, PFPI offered to support Felimon Romero, a BALANCED trained PHE practitioner who also attended the BALANCED 2009 South-South Study Tour, in the conduct of their study tour for their partners and stakeholders in Danajon project sites.

#### Results from Activity 1.2:

- Four post-training assistance interventions to four NGOs/institutions (TCMP, Pangani Health office, CRC – *Hen Mpoano* Project and WWF/Philippines) from three BALANCED focus countries (Indicator 1.4a)
  - Hands-on post-training assistance to TCMP on ways to hand over the PHE activities in Pangani and incorporate PHE into the *Pwani* Project
  - Hands-on post-training assistance to Pangani Health Office on ways to sustain PHE activities and volunteers in Pangani
  - Virtual post-training assistance to CRC and Peace Corp Volunteer on PHE activities in Shama and Ellembelle districts
  - Hands-on post-training assistance to WWF/Philippines during their study tour

### **1.3 Provide technical support to the HOPE-LVB Project**

The BALANCED Project is partnering with Partners in Expanding Health Quality and Access (hereafter Partners), on behalf of ExpandNet, to expand USAID's global leadership in integrated PHE activities by building the capacity of Pathfinder International and its partners on PHE scale-up as part of the Health of People and Environment in the Lake Victoria Basin (HOPE-LVB) Project funded by the John D. and Catherine T. MacArthur/David and Lucile Packard Foundations and USAID. In addition to the subcontract with ExpandNet, BALANCED staff also provides technical assistance (TA) to the HOPE-LVB project. During this reporting period the following technical support was provided:

### ExpandNet

Partners/ExpandNet is helping Pathfinder, Ecological Christian Organizations (ECO), Conservation Through Public Health (CTPH), and OSIENALA to develop and test two models of integrated interventions in Uganda and Kenya that have the potential for sustainability and can be scaled-up to other districts in the regions, with the possibility of expanded relevance and replication for the other countries in the LVB region. During this reporting period, the ExpandNet team members provided the following virtual technical support to HOPE-LVB:

- Telephone and email communications with monitoring and evaluation (M&E) consultant Lynne Gaffikin to discuss how M&E in the Project can best address the information needs for future scaling-up efforts
- Telephone and email communications with Sono Aibe of Pathfinder to discuss strategic directions for the HOPE-LVB project as well as plan for the Meeting of the Minds 2
- Assisting HOPE-LVB project team with substantive preparations for October donor visits including reviewing and providing feedback on the HOPE-LVB team's PowerPoint presentation they will give during the donor visits

### BALANCED TA

In addition to the technical input provided by the ExpandNet team, BALANCED staff also provides technical support to the HOPE-LVB Project. During this reporting period, the following TA was provided:

- Dr. Kathy Castro from CRC traveled to Uganda and Kenya to visit HOPE-LVB sites and provide technical guidance on the project's fisheries activities. As a result of Dr. Castro's assistance, both ECO and Osienala have revised some of the proposed fisheries activities, such as the following:
  - Assist the model Beach Management Units (BMUs) with the acquisition of an engine for patrolling and providing transport for emergencies with clear guidelines for operation and ownership.
  - Assist model BMUs with designation of breeding areas to close (provide map of local knowledge including vision maps).
  - Assist Model BMU with monitoring effect of closure (keeping track of landings and size of fish) and fishing effort in breeding grounds.
  - Promote innovative saving program.

- Explore cage use for tilapia at community level.
- Train BMU on cage fishing, where this activity makes sense.
- Train fishermen on safety at sea/swimming and use of equipment.
- Train fishermen on sustainable fisheries.
- Conduct fish farming exposure visit.
- During their October/November trip to Uganda, the BALANCED EAC and Project Director led a working group composed of HOPE-LVB partners to develop a Behavior Change Communication (BCC) strategy, which included key behaviors that will be addressed through the project's Year 2 BCC activities, objectives, and messages (including integrated ones).
- Provided virtual assistance and follow-up on the BCC strategy and on a draft job aid initially developed by Pathfinder and then refined with assistance from BALANCED.
- Participated in the first HOPE-LVB Technical Advisory Group meeting.

### Results from Activity 1.3

- 5 HOPE-LVB partners continue to incorporate ExpandNet scale-up methodology into their project activities (CTPH, Pathfinder Uganda, Pathfinder Kenya, Osienala, ECO, Pathfinder HQ (SO-1))
- 14 (7M, 7F) HOPE-LVB project staff taught how to develop a BCC strategy and pretest IEC print materials (Indicator 1.1)
- BALANCED BCC strategies and pretesting techniques replicated/used by three organizations (Pathfinder, Osienala and ECO) (Indicator 3.1)
- 7 TA interventions to HOPE-LVB Project (Indicator 1.4a)
  - 2 virtual ExpandNet TA interventions on M& E and project strategic directions
  - 5 TA interventions by BALANCED: 2 hands-on TA visits (1 on fisheries and 1 for BCC strategy development); and 3 virtual follow-up TA (1 on fisheries, 1 on BCC strategy, and 1 on job aids)

### **IR 1 Priorities for Next Reporting Period (January 1 to June 30, 2013)**

The individual listed in bold is the lead/individual responsible for bringing the activity to completion. Supporting team members follow. This is the best estimate at the time of this report, but the lead or other team members may change based on staff availability and other factors.

- Conduct the East Africa PHE course for NGOs implementing PHE interventions in Africa (**Janet**, Glenn, Elin, Joan)
- Provide continued technical assistance and mentoring to BALANCED trainees and PHE Fellows in Ethiopia, Tanzania, Uganda, and Ghana, upon request (**Joan**, Ricky, Linda)
- ExpandNet to visit Uganda for the Meeting of the Minds 2 meeting and continue to provide technical support for scaling-up (**Laura**, **Alexis**)

- BALANCED to visit Uganda for the Meeting of the Minds 2 meeting and provide hands-on and virtual technical assistance on BCC and IEC materials development and completion of a job aid for peer educators (**Linda, Ricky**)

## **IR2 PHE knowledge and tools developed, synthesized, and shared**

The knowledge management (KM) element of the BALANCED Project serves as the nexus of IR1, *Capacity built for integrated PHE implementation* and IR3, *Results-oriented PHE field activities implemented in areas of high biodiversity*. The BALANCED mid-term evaluation recommended, however, that the Project team reduce its KM-specific activities, while continuing to maintain and build only modestly on those activities and outputs already invested in during the Projects' first years. BALANCED KM activities continue to focus on three key areas:

- Identify, document and synthesize knowledge on PHE (*Activity 2.1*)
- Organize existing and new knowledge for the PHE website (*Activity 2.2*)
- Share knowledge within the PHE community and beyond (*Activity 2.3*)

### **2.1 Identify, document, and synthesize knowledge**

The BALANCED team has begun drafting key IR2 documents, which are due during the next quarter or by June 30, 2013 as outlined below.

- Completed draft of *Developing Behavior Change Communication Interventions for Population, Health and Environment Projects: Facilitator's Guide*. This document will be finalized and disseminated in the next quarter.
- Produced a first draft of the "*PHE Field Implementation: A Simple PHE Practitioner Guide*." The draft is being reviewed by BALANCED staff before it is made available for external review by key members of the PHE community the end of February.
- Prepared a first draft of the "*Conducting PHE Behavior Monitoring Surveys: A Practical How-To Tool*," and shared with the internal BALANCED Team for technical input and review. The tool explains the processes and protocols for conducting BMS baseline surveys based on the Tanzania BMS. The tool will be finalized in the next quarter and sent to USAID for a final review before being distributed to the PHE community.
- Based on the pre-approved outline by the USAID Asia Bureau, developed a draft of the GMVR tool for use in designing USAID projects that take into consideration the non-environmental stressors that increase community vulnerability to impacts of glacier melt due to climate change. The draft tool was sent to USAID CAR for review. Also, finalized the ANE GM technical report and submitted to USAID/Asia Bureau (see *Activity 3.7*).
- Data from the behavior monitoring survey (BMS) conducted in Tanzania in July 2012 (see *Activity 3.1*) is being analyzed and a report that compares the 2009 and 2012 data will be prepared in the first half of 2013.
- Worked closely with the Woodrow Wilson Center's (WWC) Environmental Change and Security Program (ESCP) regarding the FOCUS article on PHE efforts in Zambia. The article will be drafted and sent to the Wilson Center before the end of the next quarter.

The intent is to finalize the article prior to WCS Zambia's presentation on their food security project and PHE activity (presentation scheduled for April 16, 2013).

- Worked closely with the WWC/ESCP and WPZ who is implementing the TKCP PHE intervention in PNG on a FOCUS article on TKCP's experiences integrating FP planning information and services into conservation efforts. The article will be completed and disseminated by June 30, 2013.
- Submitted the journal article on the Tanzania/Philippines Cross-Country Comparative BMS to the Global Public Health journal in July 2012, but it was not accepted for publication. The article was reworked and will be submitted to the Coastal Management Journal in January.
- Began logistical planning in partnership with the Coastal Conservation and Education Foundation, Inc. (CCEF) to implement the final end-line survey in BALANCED-Philippines Project sites. Field work will begin in March 2013 and conclude June 2013. The end-line survey is a follow-up to the 2011 baseline survey. It will provide the second round of information on specific FP and CRM behaviors of selected target groups in the BALANCED-Philippines project sites and their perceptions of the benefits generated by the integrated approach. Results of the second survey will help to: 1) track PHE-related changes in attitudes and behaviors in project sites between the first and second surveys, and (2) assess the impact of BALANCED-Philippines field support interventions.
- Produced and disseminated a blog on World Population Day on links between population growth and biodiversity hotspots. CI staff in Brussels and PHE staff of the Sierra Club tweeted the blog widely to international development agency contacts and US-based conservation and development professionals.
- Prepared and submitted an article on PHE to the editor of the Los Angeles Times. This was a follow-on piece to the world population series published by Ken Weiss in the same paper. The article focused on how the PHE approach seeks to get low-cost contraceptives and FP information to women living in remote rural coastal communities by integrating the service with marine conservation activities as a means to improve family welfare and food security from the sea.

#### Results from Activity 2.1:

- One blog on population environment (Indicator 2.2)

## **2.2 Organize existing and new knowledge for PHE**

The BALANCED Project moved to a more "maintenance" type effort with the PHE Toolkit after the mid-term strategy meetings. As such, only key "new" resources were uploaded as they become readily available and "known" to the team. Meanwhile, the team continued to "promote" the PHE Toolkit as a rich and easily accessible repository of the "best of" PHE resources as described below:

- Analysis of log file data for the July 1, 2012 to December 31, 2012 period showed a decrease in usage of the site and its resources. The number of visits decreased 17 percent

to 28,082 from 35,374 in the last period. The number of pages and resources viewed this period decreased 14 percent to 52,199 from 61,562 previously. We attribute these decreases to the migration of all K4Health Toolkits to a new platform from October/November 2012.

- Between July 1 and December 31, 2012 we uploaded<sup>3</sup> 6 different publications and cross-linked them into multiple sub-tabs on the PHE Toolkit. This number of uploads is considerably lower than in previous reporting periods due to the refocusing of overall Project KM efforts and the fact that the K4Health portal was offline for technical enhancement and revisions for a large part of October/November 2012.
- BALANCED continues to monitor the RSS feed that it helped build and that links the PHE Ethiopia network's library of PHE-relevant publications to the PHE Toolkit home page of the K4Health site [PHE Toolkit](#).
- BALANCED staff updated the BALANCED Project website monthly with technical content, news items and other information.

Results for Activity 2.2 include:

- PHE Toolkit uploaded with 6 new resources

### **2.3 Share knowledge within the PHE and broader community**

This activity continued to raise awareness of and support for PHE. In the current reporting period, and in line with the BALANCED Communications Strategy, this included sending “news” announcements about PHE initiatives, champion/success stories, (both BALANCED-specific and from the larger PHE/development community) to the global PHE community of practice; presenting at key international conferences relevant to PHE; and reaching new development and conservation audiences through USAID newsletters and the International Poverty and Conservation network. Specifically, we achieved the following:

- Disseminated five news items to three primary target listservs—the PHE listserv, Family Planning listserv and the Africa Biodiversity Collaborative Group (ABCG) listserv. Several of these were re-transmitted through other channels including the WWC's New Security Beat. This helped to further broaden our reach. On average, we reached 1,000-2,000 people with each news item (see Annex A).
- Promoted widely the three-minute Tanzania PHE video produced by ECSP in November 2012.
- Posted two technical resources and two news items on the BALANCED Project website.
- The BALANCED mid-term strategy gave reduced priority to presenting at international or regional conferences. It emphasized the need for leveraged funding to support any

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<sup>3</sup> As a result of the September 2011 strategic planning meetings, BALANCED discontinued the Content Management Team but continued to solicit materials from PHE partners and the PHE community in general on a regular basis.



conferences we did attend. During this reporting period, PFPI submitted two abstracts to the October 2012 EcoHealth Conference in Beijing China. The two abstracts, entitled “*Linking Population Health and Environment for Healthy People and Sustainable Ecosystems in Fishing Communities in the Philippines*” and “*Increased Policymakers Support for Integrated Approaches to Population and Coastal Resource Management for Food Security*” were accepted for presentation. However, because conference organizers were unable to provide scholarship funds, the respective authors, Drs. Joan Castro/PTAL and Ronald Quintana/BALANCED-Philippines Program Manager, did not present.

- The BALANCED PTA,L in partnership with other PHE partners and practitioners, made two presentations with support from a combination of BALANCED support and approximately \$3,897 in leveraged funds from the Copenhagen conference organizer:
  - In Copenhagen in November 29-30, 2012, participated in a meeting of donors, women’s groups and other reproductive health rights advocacy groups to advocate for integrated PHE approaches in post-Millennium Development Goals (MDG) and Sustainable Development Goals processes. The PTAL discussed how integration works at the community level, how communities see the linkages and how they value integrated approaches. She also raised awareness of various PHE publications and links (including the PHE Toolkit).
  - Served as a PHE resource person during the September 2012 CI–TKCP conference called, “*Establishing Sustainability for Conservation Areas in PNG*” workshop in Port Moresby, PNG. She discussed the BALANCED Project and the PHE approach with approximately 50 representatives from the Department of Environment, various conservation organizations, USAID, and selected private sector representatives who attended the workshop.
- Conducted outreach to new donors and new audiences to promote the BALANCED Project by distributing PHE Toolkit postcards at the World Water Week conference in Stockholm, Sweden attended by more than 250 interested health and conservation professionals, and at the UNC Water conference attended by 100 participants from academia and water-related NGOs.
- With \$2,603 in leveraged funding from a private individual, CI promoted integrated health and conservation initiatives, including promoting PHE approaches, through presentations, in-person meetings and promotional efforts focusing on Water, Sanitation and Hygiene and water conservation in Washington, DC in collaboration with the USAID-funded Africa Biodiversity Conservation Group (ABCG) and the USAID-supported FRAME webinar presentations in July 2012; at World Water Week in Stockholm, Sweden in August 2012; the ECSP presentation on CI PHE Madagascar project and the ABCG report on September 10, 2012; and the University of North Carolina Water conference in October 2012 in Chapel Hill, NC.

Results for Activity 2.3 include:

- 2 conference presentations by BALANCED team members: Copenhagen conference; TKCP conference (Indicator 2.2)
- \$6,500 leveraged for conference travel and presentations (Indicator SO2)

- BALANCED Project website maintained, and content updated

## 2.4 Project Close Out

During this reporting period, we began developing programmatic ideas for the end-of-Project close out presentation (proposed target date of September 10, 2013 in Washington, DC), including developing the agenda, inviting potential speakers and ensuring other logistics are in place. In collaboration with our USAID AOTR and PHE Technical Advisor, we began exploring options for holding this close-out even at the Wilson Center. We will continue to refine our proposed program, speakers and target audience in the next reporting period.

### IR 2 Priorities for next period (January 1 to June 30, 2013)

The individual listed in bold is the lead/individual responsible for bringing the activity to completion, followed by the names of other individuals contributing to the activity.

- Finalize and disseminate *Developing Behavior Change Communication Interventions for Population, Health and Environment Projects: Facilitator's Guide* during next quarter (**Linda**, Lesley)
- Finalize and disseminate *Conducting PHE Behavior Monitoring Surveys: A Practical How-To Tool*," by March 30, 2012. (**Elin**, Janet)
- Finalize the GMVR tool in April/May 2013 (**Lesley**, Joan)
- Finalize FOCUS piece on WCS Zambia livelihood and PHE activities by April 16, 2013 (**Linda**, in collaboration with Meaghan at ECSP)
- Finalize FOCUS piece on PNG PHE initiatives by June 2013 (**Janet**, Joan, with Lisa Dabek, TKCP, and Meaghan at ECSP)
- Finalize and disseminate *PHE Field Implementation: A Simple PHE Practitioner Guide* by June 30, 2013 (**Janet**, Linda, Joan, Elin)
- Finalize lessons learned from implementing seed grants by June 30, 2013 (**Linda**, Joan)
- Finalize lessons learned from scaling-up experiences by June 20, 2013 (**Janet**, Elin, Joan)
- Produce last issue of the BALANCED newsletter in coordination with USAID PHE Advisor (**Janet**) (Q4)
- Finalize Tanzania BMS comparing data from the 2009 and 2012 surveys for submission to peer reviewed journal for publication in June 2013 (**Elin**)
- Complete final Philippines survey, field data collection, and finalize the text and data analysis by August 2013 (**Elin**, Pollnac)
- Continue to contact peer-reviewed journals for acceptance of BALANCED technical reports: 1) "Designing Population, Health, and Environment (PHE) Models Based on Local Context—Experience from Tanzania and the Philippines," a cross-country

comparison (**Elin**)<sup>4</sup>; and 2) “An Evaluation of Projects Integrating Family Planning and Environmental Management Activities in the Visayas Region of the Philippines” (**Pollnac**)

- Continue uploading and promoting new content to the PHE Toolkit (**Janet**, Bob)
- Continue to dialogue with PHE champions and promote them as spokespersons and technical resources, e.g. through listservs, champion stories, word-of-mouth networking, presenters at meetings and conferences, etc. (**Janet**, others)
- Identify opportunities to use non-BALANCED—i.e. fully leveraged funds—to attend and present at regional or international conferences (**All**)
- On an as-needed, case-by-case basis, solicit Advisory Committee members for input on specific issues and provide them with periodic updates on BALANCED activities/progress (**Linda**, designee)
- Begin preliminary planning of the Year 5 Close-Out event (**Lesley**)

### **IR3 Results-oriented PHE field activities implemented in areas of high biodiversity**

The BALANCED Project supports PHE scale-up, replication and start-up activities in countries through a small amount of USAID central funds and additional financing from a mix of USAID Mission and Bureau Buy-ins, leveraged funds from non-US Government donors, and cost share from BALANCED Project partners. The PHE interventions focus mainly on delivery of FP services to communities in BALANCED focus countries that include USAID priority biodiversity conservation areas and USAID First Tier Intensive Focus countries. Building on the activities and achievements from Year 4, the BALANCED Project continued to facilitate the replication of results-oriented PHE field-based activities in Tanzania, the Philippines, Zambia, Uganda and PNG. The key to BALANCED assistance during this reporting period was to build the capacity of our partners to the point they are able to effectively implement and sustain PHE activities on their own. While some countries or partners were ready for this transition, others—especially the newer seed grant recipients—continued to need financial and technical support to fine-tune their PHE model to the point where they could implement it on their own.

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<sup>4</sup> Target journal is Coastal Management Journal

### 3.1 Wrap up PHE activities in Tanzania

In Tanzania, BALANCED is supporting the integration of family planning into CRC's on-going *Pwani* Project, which implements integrated PHE environment activities in villages surrounding Saadani National Park (SANAPA). These efforts are supported by the USAID Tanzania Mission with PEPFAR (President's Emergency Plan for AIDS Relief) and biodiversity conservation earmark funds. BALANCED provides modest funding to support the integration of community-based family planning (CBFP) into the *Pwani* project's integrated activities—specifically by supporting community based distribution, peer education, BCC and advocacy for district governments to adopt the PHE approach. While BALANCED activities in Years 1 and 2 were concentrated in the Mkwaja and Mkalamo wards, in Year 3 the Project expanded the PHE-CBD network to three new wards— Mwera, Mikinguni, and Kipumbwi—wards that already had MOH-certified CBDs.

Through the *Pwani* Project, the PHE activities were replicated in the Bagamoyo District in Year 4. BALANCED staff trained PHE APEs in two villages (Saadani and Mkange). The PHE APEs are connected to local savings and credit cooperative organizations (SACCOs) and energy saving technologies supported by *Pwani*. Through *Pwani*, BALANCED staff also participated in focus group discussions with fishermen in Bagamoyo about HIV/AIDS and gender. These focus group discussions included topics such as sexual responsibility and the dual protection of condoms. BALANCED is working to promote PHE with other conservation groups and toward this goal, the team organized a March 2012 study tour for The Nature Conservancy (TNC) and Pathfinder to the Pangani and Bagamoyo District field sites.

In Year 5, BALANCED will phase out its PHE support in Tanzania and hand over the supervision of current PHE volunteers to the Pangani District government. We will continue to monitor, supervise, and mentor the current PHE volunteers in Bagamoyo and Pangani every six or eight weeks together with the District Health Team until March 2013, when the Tanzania activities will end. BALANCED will also draw lessons, communicate integrated PHE messages, and celebrate the accomplishments generated in the first four years. As part of lesson sharing, the BALANCED Tanzania team will host the 10-day intensive PHE Africa Regional course for professionals working in population, health and/or environment in Africa (see *Activity 1.1*).

In the first half of Year 5, the following was accomplished:

- Conducted a BMS in six villages in Pangani and two villages in Bagamoyo. The BMS covered approximately 50 surveys per village. The questionnaire included general respondent information, household and livelihood information, environment, project participation, HIV/AIDS, condom use, sex, reproductive health attitude, food and income security, environment and empowerment, poverty-environment linkages and special questions for men and women. The data will be compared with the baseline data collected in 2009 and used to measure behavior and perception changes in the SANAPA area as a result of the *Pwani* and BALANCED Projects' PHE activities.
- Printed and distributed the BALANCED PHE CBD and APE Reference Guide, which had previously been translated into Swahili, to 47 CBDs and over 200 APEs. The Reference Guide helps trained CBDs and APEs to remember the key communication points to cover when talking to the community about family planning and integrated PHE

messages. It incorporates the latest in international FP norms and guidance on sexually transmitted infections (STIs), including HIV, as recommended by the World Health Organization (WHO).

- Printed and distributed a PHE peer educator job aid to over 200 APEs. The job aid is a short checklist that PEs can use during interactions with fellow community members. It explains how to begin a conversation, how to discuss PHE linkages and family planning, and how to end the conversation. It also provides a place to record the number of individual personal communications (IPCs) conducted.
- APEs and CBDs counseled over 3,060 individuals on family planning, environment, and livelihood messages (fuel efficient stoves and SACCOs).
- Monitored and mentored all PHE volunteers in Pangani in collaboration with staff from the district government (the district ICM) and the Pangani District hospital (e.g. the district FP/RH coordinator). The goal of the monitoring visits was to collect data as well as monitor and strengthen effectiveness and impact of the PHE community-based distribution and peer education outreach system. During the visits, the BALANCED team met with the community volunteers, discussed issues that might arise when the volunteers provide integrated PHE messages in the community, and reinforced with the volunteers their role in referring clients and distributing modern contraceptives. During the monitoring visits, we learned that nine PHE providers—one CBD, six APEs and seven YPEs—had dropped out. With this reduction there still remain 49 CBDs, 23 YPEs, and over 200 APEs.
- Discussed with the Pangani District ICM facilitator about the phasing out of PHE activities. It was agreed that since CBDs are formally part of the Tanzania MOH system, the BALANCED-trained CBDs will continue to be supported by the Pangani MOH.
- Discussed with DED about the sustainability of the APEs and environmental activities and incorporating PHE activities into the village development plans.



*Group photo of PHE providers/kiosk owners in Bagamoyo who have been trained as PHE information and condom social marketing outlets; PHE coordinator interviewing a young woman who participated in the behavior monitoring survey*

Both APEs and PHE providers (trained kiosk/store owners) in Pangani had referred a total of 5,062 individuals to CBDs and the dispensary for FP screening and supplies.

- Monitored the 96 PEs trained by the *Pwani* Project in Bagamoyo. Fifty of the PEs are still active. By December 2012, they had reached 738 individuals in Bagamoyo with peer education on family planning, HIV/AIDS, gender-based violence, and women and children rights.
- Among the 30 YPEs trained by the Pwani/BALANCED team, 23 are still active (13 male, 10 female). Seven individuals have dropped out when they moved away, became too busy with studies, or were married. The 23 active YPEs provided 660 counseling sessions between July and December 2012—talking with their peers about family planning and the linkages between humans and the environment. They also distributed 27,229 condoms.
- In Year 4, the MOH set up a youth center in Pangani town with a venue/room/information center for youth. The German Society for International Cooperation (GIZ) meanwhile donated a computer, cassettes, leaflets, booklets and brochures on HIV/STIs. It was thought that the youth would travel to the youth center. Later, however, it became apparent that rural youth could not afford to travel to Pangani town. During this reporting period, the BALANCED PHE Coordinator met with youth in Pangani and learned they were interested in establishing youth clubs. The Coordinator asked for technical support on how to get them started. During the next quarter, the Coordinator and Dr. Ole (MOH) plan to assist the youth in establishing two youth clubs—one in Mkwaja ward, the other in Mkalamo ward. The BALANCED team is also considering connecting the youth with SACCOs, where they can secure loans to run their small businesses versus relying solely on support from their parents/guardians.
- BALANCED PHE Coordinator, Juma Dyegula, attended the MOH’s National Family Planning Working Group (NFPWG) meetings held regularly with cooperating agencies (CAs) in Dar es Salaam. This provides BALANCED the opportunity to discuss highlights and benefits of its integrated PHE approach with MOH officials and key USAID CAs working on larger FP projects.
- PHE IEC materials (three radio spots) on family planning, SACCOs and fuel-efficient stoves were developed and aired on Pangani FM. T-shirts with the BALANCED PHE theme were printed and distributed to all PHE volunteers in Pangani and Bagamoyo.
- Dyegula and other Pwani staff (Daffa, Mahenge, Kajubili and Mposso) delivered a PHE session at the Integrated Sustainable Coastal Development International Training Course held in Zanzibar, funded by the Swedish International Development Agency (Sida), and organized by the Western Indian Ocean Marine Science Organization, WIOMSA.

#### Results from activity 3.1

- The Pangani District Medical Office (DMO) continues to integrate PHE tools and methods into its work (SO-1)
- PHE PE job aid printed and distributed (Indicator 2.1)
- BMS survey will assess value added results and feed into KM activities (Indicator 3.3)

## Field based results

- 400 T-Shirts printed and distributed
- radio spots produced and aired
- 300 copies of the BALANCED PHE CBD and APE Reference Guide and PHE Peer Educator Job Aid distributed to volunteers in Pangani and Bagamoyo
- 400 BMS survey conducted, coding guide, interviewers guide, and sampling guidelines developed. These will together form a BMS tool, which will be finalized in year 5.
- 1,040 new users of family planning
- 8,398 cycles of pills distributed
- 37,913 male condoms distributed
- 5,062 individuals referred to CBDs and dispensaries

### **3.2 Scale-up PHE activities in the Philippines (Mission Buy-in)**

USAID/Philippines provided a US\$1,300,000 Buy-in to the USAID Washington-funded BALANCED Project to support results-oriented PHE field activities in biodiversity-rich bioregions of the Philippines over the period from December 2010 – August 2013. Funding originated from two sources within USAID/Philippines: The Office of Health (OH - \$500,000) for FP and outreach components (Intermediate Results/IRs 1, 2 and 3), and the Office of Energy, Environment and Climate Change (OEECC - \$800,000) for outreach, fisheries management and livelihood components (IRs 4 & 5 and some contributions to IR3). With OH and OEECC funding support as the basis, this Project has three distinct phases:

- Initial phase with OH funding support from December 2010 to September 2011 (9 months), which is completed
- Overlapping OH and OEECC funding support from October 2011 to December 2012 (15 months), with OH funding for FP activities ending December 2012
- End phase with OEECC funding support from January to August 2013 (8 months)—however, supplemental field support is being considered to extend the OH-funded FP activities until August 2013

The BALANCED-Philippines activities are implemented in five provinces (Batangas, Occidental Mindoro, Oriental Mindoro, Bohol and Leyte) in two important marine eco-regions—the Verde Island Passage (VIP) and the Danajon Bank bio-regions. The quarterly progress reports for activities from July to September and October to December 2012 that were/will be submitted to USAID/Philippines and USAID Washington provide detailed descriptions of activities undertaken and results. These reports are submitted to USAID Philippines with a copy to the USAID Washington Office of Population and Reproductive Health and can be made available upon request.

### **3.3 Provide technical support to WCS Zambia seed grant activities**

In October 2010, WCS Zambia received \$40,000 in seed grant funding to integrate family planning into its conservation and livelihood activities in the Luangwa valley. WCS implements the Community Markets for Conservation (COMACO) Program to provide sustainable sources of alternative incomes and other incentives for conservation to families living around Zambia's national parks in the Luangwa Valley. It recognizes that integrating FP information and services in WCS/Zambia's livelihood and wildlife/natural resources conservation program can contribute to a better life for the nearly 55,000 families they serve.

During this reporting period, the two-year seed grant was extended for another three months (December 31, 2012) in order for WCS to complete its activities. The need for the time extension is partly a result of the delayed funding availability from the BALANCED Project. The EAC also travelled to WCS Zambia in November to conduct field monitoring, provide technical assistance particularly for the Designing Behavior Change (DBC) Survey, and to document lessons learned from the WCS BALANCED seed grant. The accomplishments and highlights gathered during this reporting period and key accomplishments of the assistance are as follows:

- WCS Zambia worked with the local MOH to obtain permission for COMACO APEs to distribute contraceptive pills and condoms. The DMOs reported that they were pleased with this arrangement and allowed the APEs to distribute condoms and pills to continuing users. They agreed this would help decongest the clinics since those seeking FP services could now do so from their respective communities through the trained APEs. However, the APEs report that the clinics often lack enough contraceptives to give them, and that some clinic staff would prefer to provide these FP methods on their own so that they can report on and get credit for the distribution. WCS Zambia explained to the local MOH that APEs do, and would continue to report on the pills distributed by them to the local clinic, thus contributing positively to the total amount of pills distributed, not reducing it. WCS Zambia is working with the health clinics to improve understanding of the importance of the APEs and how their distribution of commodities would improve local health center statistics.
- WCS conducted a DBC survey with 480 farmers, women and youth to understand why some community members do or do not adopt certain behaviors related to environment, health and family planning and actions promoted by WCS Zambia. Field staff is currently analyzing the data. Results will help COMACO assess community needs, and also where there is need to intensify efforts that encourage farmers to adopt certain behaviors.
- To expand reach, COMACO acquired 1,000 hand-cranked radios that will be distributed to lead farmers and producer group leaders. They also engaged a radio program officer to assist with airing of radio programs on the Community radio stations. The radio program will discuss various topics such as HIV/AIDS awareness, FP/RH health messages, conservation farming, wildlife and natural resource management, etc.
- In lieu of the fact that there is a small amount of funds unspent and in order to assist WCS to successfully analyze and report on the results of the DBC survey, BALANCED will provide an additional no-cost extension until April 30, 2013. The results of the DBC will shed light on the PHE activities, which will, in turn, provide valuable lessons learned for both WCS and BALANCED.



### Results from Activity 3.3

- Technical assistance provided on DBC (1.4a)
- WCS continues to incorporate BALANCED tools and methodologies; and is incorporating DBC methodology into their work (SO-1 and 3.1)

### Field based results

- 903 people (455 male and 448 female) counseled on PHE and family planning
- 646 condoms distributed (to 536 men and 110 women)
- 49 women referred to the health clinic; of these 30 went to the health center and received some form of birth control
- 30 women (current users) provided pills by PEs

### **3.4 Provide seed grant and technical support to Tree Kangaroo Conservation Project in PNG**

BALANCED is providing seed grant funding and technical assistance to the WPZ TKCP program in PNG. The 18-month seed grant is supporting the implementation of the “Healthy Village, Healthy Forest: Integrating Healthy Family Planning and Conservation in Papua New Guinea” project and is building TKCP’s capacity to integrate and implement a CBFP initiative into their conservation efforts. The project focusses on one region in the Yopno, Uruwa, and Som (YUS) Conservation Area (YUS is the primary watershed in the region) to:

- Increase awareness among YUS families of family planning and its role in health, food, and environmental conservation
- Improve access and use of FP methods and services

TKCP conservation sites are located in very remote areas of Morobe Province, only reachable by foot (hours of walking) after being dropped at an airstrip that TKCP had helped construct. Due to the isolated nature of the YUS LLG, government health services are insufficient in the area. There are currently 10 aid posts and two health centers in the YUS LLG with only seven government-paid community healthcare workers. While health services are provided by the government and civil society groups including churches and NGOs, service delivery remains a huge challenge.

In order to inform the community about PHE linkages and increase access to FP information and services, TKCP is implementing a peer education system that will promote pro-health and pro-environment issues within the community and distribute FP methods or refer potential FP users to where they could access FP services in the villages. To increase community access to FP services, local health center staff have been trained and informed of the project so they will easily accept referrals. A memorandum of understanding (MOU) was signed with Marie Stopes International (MSI) to provide access to longer-term methods during MSI visits to the project sites—sites they had not heretofore visited. The local health centers have allowed MSI to provide

these services in their health centers. Key accomplishments of the TKCP seed grant during this reporting period include:

- Trained 43 APEs (38M; 7 F) in the YUS region. The workshops were delayed because of inclement weather and cloud cover that did not allow planes to fly into Lae
- Together with the BALANCED PTAL, who visited PNG in October 2012, TKCP staff facilitated the PHE youth peer education training in the Yopno region with 18 participants (9M: 9F) from 13 villages within the YUS. The YPE training was co-facilitated by four trainers (3 health workers and 1 TKCP staff) previously trained by BALANCED. During the training, there were many observers—rangers, as well as some of the trained APEs, community leaders and health workers from other areas (districts and villages) who had heard about the training and were interested to learn as well.
- The BCC messages developed and pretested by the project team at the start of the project were delivered during community meetings and explained in more detail by the APEs and the health workers during counseling sessions with community members. The APEs and health workers used the one-on-one job aid developed as their guide to educate their peers. They found it very effective even for community discussion. The communities said they are now better enlightened and understand why family planning is important in relation to conservation activities and healthier families.
- Previously developed support posters were printed, laminated and distributed and 100 of them placed in strategic venues to promote the project's behavior change messages.
- The health facilities do not have FP supplies; therefore, TKCP continues to refer clients to MSI. During MSI visits the region it can provide services to clients in the project sites.
- MSI provided resources for the training workshops and IEC materials for APEs to use when counseling the community on PHE and family planning.

Lastly, in order to monitor the project and behavior change, TKCP began data collection using the streamlined BMS introduced in the previous trip started in the Som region

#### Results from Activity 3.4

- 18 (9M, 9F) participants trained on PHE youth peer education (Indicator 1.1)
- TKCP continued to incorporate PHE tools into their work (Indicator SO-1), by replicating the following tools (Indicator 3.1)
  - PHE youth peer education
  - PHE adult peer education
- 43 participants trained on adult peer education (Indicator 1.1)
- 6 TKCP staff and partners training others on CBD/PE, YPE program activities (Indicator 1.2)

### **3.5 Provide seed grant and technical support to Volunteer Efforts for Development Concerns in Uganda**

The BALANCED Project is providing seed grant funding and technical assistance to VEDCO to incorporate family planning into its conservation and health project activities. VEDCO is an indigenous NGO established in 1989 as a self-help organization working with other relief organizations to support communities to access basic needs, particularly safe water, adequate food and health care. Since November 2011, BALANCED has been providing VEDCO with seed grant funding and TA support to implement the *Improving livelihoods through increased access to Reproductive Health services among farmers* project. The goal of the 18-month seed grant support is to improve access to and use of family planning in the agriculture-dependent districts of Nakaseke, Moyo and Yumbe. Subsequent to the implementation of the seed grant activities, VEDCO became a member of the PHE Working Group of Uganda and is in discussions with fellow colleagues who also conduct PHE activities, in particularly the HOPE-LVB project. During this reporting period, VEDCO accomplished the following:

- Secured the signing of three MOUs between VEDCO and the district local government health units enabling referral systems and provision of contraceptives.
- The EAC traveled to Uganda in October and worked with VEDCO to conduct a training of trainers (TOT) on youth peer education. Fifteen (9M, 6 F) participants were trained as trainers on PHE youth peer education. Five TOT participants in turn trained 60 in-school youth as YPEs.
- 60 (35M, 25F) in-school youth were trained as youth peer educators.
- VEDCO continues to seek ways to deliver FP commodities in the project sites. The MOH-trained village health teams (VHT) are the ministry's "community-based distribution" agents who provide FP information and services for free at the community level. However, the MOH health centers very often have shortages of stock and lack enough FP commodities for themselves or to distribute to the VHTs. Therefore, VEDCO had planned to train private CBDs that would obtain their supplies from social marketing suppliers, such as the Uganda Health Marketing Group (UHMG). Potential CBDs were identified, but because CRC initially indicated it might need to reduce their seed grant funding by \$5,000, plans for the training were put on hold. In the end, that funding cut was not necessary and the identified CBDs will now be trained during the next quarter. One challenge will remain—i.e., the CBDs may not have the initial capital to purchase their first consignment of supplies. We will address this issue in the quarter.
- The decision was made not to develop IEC materials. There are several reasons. First, there are few places, other than churches, to place/distribute the materials. Second, literacy is low. Third, radio is currently saturated with FP advertisements.

#### Results from Activity 3.5

- VEDCO continued to incorporate PHE into its organization (Indicator SO-1)
- 15 (9M, 6 F) participants trained as trainers on PHE youth peer education (Indicator 1.1)
- 60 (35M, 25F) in-school youth trained on PHE youth peer education (Indicator 1.1)

- 5 YPE trainers trained the YPEs (Indicator 1.2)
- EAC provided TA to VEDCO on YPE and project monitoring (Indicator 1.4)
- VEDCO replicating YPE into their activities in Uganda (Indicator 3.1)

#### Field based data

- 990 females are using pills and injectables and 3 females have undergone tubal ligation
- 1,230 men and women have been referred by the APEs to the MOH for FP services or to Blue Star for longer-term methods
- 330 FP users have been counseled
- 60 (35M, 25F) YPEs were trained for two days in PHE concepts and youth peer education system

### **3.6 Provide seed grant and technical support to Bwindi Mgahinga Conservation Trust in Uganda**

BMCT was established in March 1994 with a capital endowment fund of US \$4.3 million from the Global Environmental Facility to provide long-term reliable support for projects promoting research or conservation of biological diversity and sustainable use of natural resources in the Mgahinga Gorilla National Park (MGNP) and the Bwindi Impenetrable National Park (BINP). It is also tasked with promoting the welfare of neighboring communities. BALANCED is providing seed grant funding and technical support to BMCT to implement the integrated project, *Integrated Community Conservation and Development for a Healthy Population around Bwindi Conservation Area*. The project enables communities in the Kanungu district to manage their resources in ways that improve their health and livelihoods, while conserving the Bwindi critical ecosystem upon which they depend.

In addition to its conservation activities, BMCT is expanding access to FP information and services through a system of PEs who will inform the community about the conservation and health linkages and talk to them about the benefits of family planning for health and the environment. In the project sites, existing government VHTs trained by local health centers provide some FP methods to the community for free. BMCT trains community members and VHT members as APEs to talk to the community about pro-conservation and pro-health issues and refer potential and continuing FP acceptors to VHTs or local health centers. Women interested in longer-term methods are referred to MSI and/or the Bwindi Community Hospital.

Subsequent to the implementation of the seed grant activities, BMCT became a member of the PHE Working Group of Uganda and is in discussions with fellow colleagues who also conduct PHE activities, in particular the HOPE-LVB project. During this reporting period, BMCT:

- Conducted a situation analysis in parishes of Karangara, Kyeshero, Rutendere and Eastern Ward in Butogota Town Council. The analysis will shed light on the FP planning knowledge, practices, who are the players in FP/RH, and on community activities in general. The draft report will be finalized during the next quarter.

- Trained 29 (13M, 16F) APEs to counsel community members and refer potential and continuing users to VHTs who also double as CBDs in their respective villages and local health centers.
- Made 655 referrals for FP services to VHTs and health centers. Unlike VEDCO, a decision was made by BMCT not to sell contraceptives because there are VHTs established in line with the national strategy for community involvement in health, and VHTs distribute contraceptives for free. Some VHTs were trained to become PEs cum CBDs who distribute FP commodities albeit for free.
- During his visit to Uganda, the EAC worked with BCMT to conduct a training of trainers (TOT) on youth peer education. Nineteen (11M, 8F) participants were trained as “trainers” on PHE youth peer education (1.1).
- Trained 29 (11M, 9F) in-school youth as YPEs.
- Identified and trained 36 members (20 M, 16 F) from the Eastern Ward of Butogota Town Council drama group in PHE presentations and acting. They will use drama to sensitize the youth on RH/FP and other themes including the importance and benefits of environment conservation to the community.
- Conducted campaigns to raise awareness of RH/FP and PHE linkages among 441 (305F, 136M) youth. Topics included youth being sexually responsible and serving as future custodians of the environment. They were encouraged to engage in income generating projects such as growing/selling vegetables and fruits to improve their livelihoods.

#### Results of Activity 3.6

- BMCT continued incorporating PHE into their organization (Indicator SO-1)
- 29 (13M, 16F) community members/VHTs trained as APEs (Indicator 1.1)
- 19 participants (11M, 8F) trained as trainers on PHE youth peer education (Indicator 1.1)
- 20 (11M, 9F) in-school youth trained as YPEs (Indicator 1.1)
- Three trained VEDCO staff co-facilitated the YPE training (Indicator 1.2)
- EAC provided technical support to BMCT on YPE and project monitoring (Indicator 1.4)
- BMCT replicating adult peer education into their activities in Uganda (Indicator 3.1)
- BMCT replicating youth peer education into their activities in Uganda (Indicator 3.1)

#### Field-based data

- 29 APEs trained
- 20 YPEs trained
- 655 women and men counseled on FP
- 191 new users of FP methods
- 367 continuing users

### **3.7 Implement recommendations from the Glacier Melt Study (Asia Bureau Buy-in)**

BALANCED received Buy-in funds from the USAID Asia Bureau to address selected recommendations in the report on *Changing Glaciers and Hydrology in Asia: Addressing Vulnerabilities to Glacier Melt Impacts*. In this reporting period, our activities—implemented by the BALANCED advisor/consultant Leona D’Agnes—included:

- 1) Developed a rough draft of an integrated, PHE-like GMVR tool for use by USAID in its programming in the CAR (outline of the tool and its purpose had been pre-approved by USAID Asia Bureau)
- 2) Conferred remotely with Mary Melnyk (USAID Asia Bureau), the BALANCED team, and most importantly the USAID/CAR Environment and Natural Resources Management (NRM) Officer, Ashley King, to secure input on the draft and outline next steps
- 3) Traveled to Central Asia to confer *in person* with USAID and other USG personnel based in Almaty (Kazakhstan, Kyrgyzstan, and Tajikistan) to ground-truth this cross-sectoral programming concept for reducing vulnerabilities to the impacts of glacial melt and other hydrological changes to this region

#### Results from Activity 3.7

- N/A

### **IR3 Priorities for next period (January 1 to June 30, 2013)**

The individual listed in bold is the lead/individual responsible for bringing the activity to completion. Supporting team members follow. This is the best estimate at the time of this report, however, the lead or other team members may change based on staff availability and other factors.

#### **Tanzania**

- Analyze the 2012 BMS data and prepare a report that compares the 2009 and 2012 data
- Conduct one last supportive monitoring and mentoring visit for PHE activities
- Attend regular NFPWG meetings
- Develop new PHE radio spots for youth, which will start to be aired in March, 2013
- Develop and print bags and distribute to the PEs and CBDs
- Hold consultative meetings with MOH, district officials and village leaders to discuss hand-over of the APEs to the community
- Establish two PHE youth clubs in Pangani
- Host regional Africa PHE workshop and organize a two-day field trip to Pangani.
- Hold a close-out meeting with CBDs, PEs and PHE providers.

## **Philippines**

- Strengthen the FP supply system so that the majority of CBDs have a continuous supply of FP supplies in the “**new**” sites and “**maintenance**” sites (**PFPI**)
- Draft a document that describes at least two CBD models applicable to remote coastal barangays and lessons learned on working with RHUs to integrate PHE CBD systems into their work (**PFPI**)
- Finalize IEC materials and distribute (**PFPI**)
- Continue to follow up on MOUs with local government units (**PFPI**)
- Strengthen the capacity of CBDs and PEs in project sites that are the most responsive through regular supportive supervision meetings and assistance (**PFPI**)
- Document lessons learned from field test of Mobile BCC Tool and its potential for mitigating referral constraints; its applicability and replicability in other settings and project sites (PFPI)
- Continue advocacy for the integration of PHE and FP/RH activities into LGU policies, such as local development/Environment/CRM/Fisheries plans, development plans, investment plans, etc. (**PFPI, CI/P**)
- Strengthen MPAs in the VIP and Dajanon Bank that were selected through an MPA assessment conducted in 2012 (**PFPI and CI/P**)
- Strengthen fisheries management in the VIP (**CI/P**)
- Implement ongoing livelihood activities under IR and 5 and assess the impact of the livelihoods interventions (**CI/P, PFPI**)

## **Ethiopia**

- Provide technical support to PHE Ethiopia on M&E, as needed (**Elin**)

## **Uganda**

- Conduct a follow-up visit with VEDCO and BMCT to provide additional technical input, help them to develop a sustainability plan and gather lessons learned from the seed grant experience (**Joan**)

## **PNG**

- Provide virtual technical support and follow-up as needed (**Joan**)

## **ANE**

- Finalize tool to guide the design of integrated approaches to GMVR that address both non-climatic and climate-related factors (**Lesley, L.D' Agnes**)

### III. Key Management Tasks

#### Accomplishments

**Philippines Buy-in:** To provide more focused attention to The BALANCED Philippines activity—which is at its peak of implementation and entering its final year—the BALANCED Project Director chose to assign an activity manager, Elin Torell, to manage this activity. Elin was selected for this role and is helping ensure all activities are implemented according to plan, the budget is spent down, and lessons learned are drawn. Elin’s 15 plus years of experience working in coastal management and PHE projects and in managing large-scale long-term USAID projects means she is well qualified to backstop PFPI in workplanning, reporting, and project implementation. Her background in monitoring, evaluation and learning also is well suited to this activity, which has much to provide in terms of lessons learned in implementing a project that has funding from two different USAID offices. In her role as activity leader, Elin traveled to the Philippines in October to assist in the preparation of the Year 3 work plan and this and her other tasks of oversight of the activity are making it possible for the BALANCED Project Director to focus on the myriad other demands of the “whole” of the Project in its final year.

**PHE East Africa Course:** As a result of BALANCED having supported the attendance of several individuals to the June CRC-CI hosted PHE course, we have an excellent design and delivery team that has been working to adapt that course for a shortened version to be offered in February 2013 in East Africa. The “research and development” costs of an initial PHE course design were borne by CRC-CI, and both organizations are willing and pleased to be able to share freely all the curriculum that was designed for the June course. This saves BALANCED the cost of having to design a course from scratch. The two BALANCED-supported participants in the June course will be co-facilitators for the East Africa Course.

The course will be offered as a revenue-based course, with some participants able to fully “pay their way” (tuition, fees, lodging, travel), others paying partial costs, and some attending on a full scholarship. As of the end of December the applicant pool was good and prospects for holding the course were excellent.

#### Challenges

##### Philippines Buy-in:

##### Staffing

As of September 2012, Dr. Ronald Quintana, BALANCED Philippines Project Manager, has been on extended medical leave. Dr. Madonna Andaya, the BALANCED Philippines Training Specialist, stepped in as the Acting Project Manager effective October 1, 2012. To ensure there would be no gaps in field level support, Dr. Enrique Hernandez also increased his time on the BALANCED Philippines activity to cover Dr. Andaya’s regular duties related to field monitoring, supervision and training support. In December, however, Dr. Quintana decided to take permanent leave of his post. As such, Dr. Andaya will officially assume the Project Manager position on January 1<sup>st</sup>. Because this situation developed so late in the activity, time was short to consider alternative options to the above staffing changes. That said, the changes in



roles and the reallocations of levels of effort and duties seem to have had no negative impacts on the activity.

### Reporting

There has been a heavy burden of reporting and analysis of the BALANCED-Philippines activities and plans—including three rounds of comments from USAID Philippines on the Project Implementation Review (PIR), three rounds of comments on the work plan and concept papers for activities described in the workplan, and one round of comments on the July-September quarterly report. The team has responded professionally to the challenge and believes the extensive USAID-CRC-PFPI dialogue has brought about better end results and more detailed reports/plans. However, this has required a significant time investment on the part of CRC and PFPI staff—at a level not originally anticipated or planned for—and which has an impact on moving forward with other key documents.

**ANE Buy-in:** Key personnel consulted at USAID Missions in CAR are clearly interested in GMVR. However, the tool that is the primary deliverable of this activity is not slated for completion until March 2013. This timing means the tool may be more useful for some potential users and less so for others. For USAID Tajikistan, for example, it may be too late as many of their multi-year programming strategies are already mid-way through implementation. For others such as the Department of Defense in Tajikistan, the tool's date of release is less time-sensitive—assuming the agency's future cycle of civil activities continues to include disaster preparedness and flood response systems development. Likewise, USAID Kyrgyzstan has several projects ongoing through 2014 and in 2013 will be developing new bilateral activities for the future, and the tool could be prove useful in terms of helping them think through integration of GM perspectives and strategies into those activities, which would also contribute to sectoral program objectives.

### **Management Priorities for next reporting period**

In the next six-month period, the management team will give priority to:

- Continue planning for a close-out event that is informative, useful, and engaging for the USAID and the PHE community that will be invited
- Development of a strong close-out plan for all field activities and seed grant activities
- Finalize field activities for the BALANCED Philippines activity and prepare lessons learned.

#### **IV. Performance Management and Reporting Plan**

The primary goal of the PMP is to build an evidence base for the value-added of an integrated PHE model—i.e., tracking indicators that will demonstrate that integrated projects are more cost efficient, take less time to implement, and are perceived to increase the overall perception of well-being and environmental quality among local communities. A secondary goal of the M&E effort is to report results to USAID, addressing the Results Framework and indicators of both USAID/GH/OPRH and Missions that host field activities.

The PMP defines how progress on the BALANCED Program is measured and is used to monitor the activities and accomplishments of the Program, determining its level of success in meeting Project goals and targets.

## The BALANCED Project Indicators and Progress towards Targets

Indicator	Year 5 Results to date (July 2012 to Dec 2012)	Year 5 Target	Cumulative Results to Date (Year 1-5)	LOP Target	Comments
SO-1: Number of target organizations incorporating PHE tools, protocols, etc. into their work (PRH 1.1)	0	5	21	24	No new organizations this reporting period. We know of 14 of these organizations continuing to incorporate PHE tools and methodologies into their work.
SO-2: Dollar value of funds leveraged from USAID Missions and non-USG sources to support PHE implementation and scale-ups (PRH 1.2)	\$6,500	0	2,863,188	2,500,000	LOP target met in Year 4
1.1 Number of individuals trained by BALANCED in PHE know-how and SOTA using 21st century learning tools	218	52	2,551	200	Target exceeded
1.2 Number of participants who received BALANCED training and/or mentoring that are now providing training or TA to others on PHE implementation	14	22	109	45	On target. ToT participants in Uganda and PNG trained others in PHE YPE and CBD/PE
1.3 Number of new and/or strengthened partnerships established and actively involved in advancing and supporting wider use of PHE approaches as a result of BALANCED capacity-building intervention (PRH 1.3)	0	0	12	16	No results this reporting period.

<b>Indicator</b>	<b>Year 5 Results to date (July 2012 to Dec 2012)</b>	<b>Year 5 Target</b>	<b>Cumulative Results to Date (Year 1-5)</b>	<b>LOP Target</b>	<b>Comments</b>
1.4a. Number of technical support interventions provided by BALANCED to Missions and to organizations to implement PHE within their programs (PRH 3.2)	14	14	93	30	Year 5 target met in this reporting period. TA provided by Project Director, Technical Assistance Lead, and East Africa Consultant.
1.4b. Number of new organizations receiving TA by BALANCED	0	0	32	30	Target for this indicator reached in Year 4. In Year 5, BALANCED is providing follow up support to ongoing partners and seed grantees.
2.1 Tools, protocols, procedures, systems, methodologies, guides, curricula, or indices with demonstrated programmatic value developed or adapted for country and/or thematic contexts (PRH IR 2.1)	1	4	15	25	On target. Several tools will be completed in the next reporting period.
2.2a Number of success stories, peer review articles, conference papers, research studies documenting key actionable findings about the PHE approaches, their lessons extracted, and value-added (PRH IR 2.2)	3	9	60	12	On target. Several “success stories” are planned for the last six months of the project.
2.2b. Number of peer reviewed articles and research studies	0	0	3	No target	Two manuscripts are in the process of being submitted to peer reviewed journals.
3.1 Number of PHE tools, methodologies, and actionable findings replicated in new countries and geographic areas	7	3	30	9	Target exceeded. In this reporting period, the BCC strategy, DBC tool, YPE tool and adult PE tool were replicated in Uganda,

<b>Indicator</b>	<b>Year 5 Results to date (July 2012 to Dec 2012)</b>	<b>Year 5 Target</b>	<b>Cumulative Results to Date (Year 1-5)</b>	<b>LOP Target</b>	<b>Comments</b>
(PRH 3.1)					Zambia, and PNG.
3.2a Number PHE programs scaled-up (PRH 3.4)	0	0	2	2	Target met in Year 2.
3.2b Number of geographical areas replicating PHE (PRH 3.4)	0	0	7	6	Target met in Year 4.
3.3 Number of BALANCED field site activities that produce results that can feed into KM activities (development of tools and success stories)	1	3	11	8	On target.

## Field Indicator Report

BALANCED provides evidence of outcomes that illustrate the value-added of an integrated PHE approach by collecting data on a set of common field-level PMP indicators. Data on these indicators are collected as part of the seed grant reports<sup>5</sup> and through data collection in field sites where BALANCED is working. Each field site reports only on those indicators that fit within the scope of their specific activities (e.g., a field project that does not include HIV/AIDS activities will not report on the indicators related to that topic).

### Tanzania PMP Field Data Summary

INDICATOR	July –December 2012	Cumulative Results To date	Comments
<b>General</b>			
Number of individuals trained (disaggregated by population (P), health (H), and environment (E) topic-specific training, integrated trainings, and gender)	0	447 (231M 216F)	
<b>Family Planning and Reproductive Health</b>			
Number of new users	1,040	2,944	
Number of counseling visits for family planning/reproductive health (FP/RH) as a result of USG assistance	5,062	12,113	
Number of USG-assisted service delivery points providing FP counseling or services		50	50 CBDs trained in Pangani in Year 2.
Average household distance/time to access family planning commodities	No change	Less than 500 meters	

<sup>5</sup> Because the seed-grant reporting due dates do not correspond with the semiannual report schedule, the reporting dates are irregular for all sites, except Tanzania.

## Zambia PMP Field Data Summary

INDICATOR	July to December 2012	Cumulative Results To date	Comments
<b>General</b>			
Number of individuals trained (disaggregated by population (P), health (H), and environment (E) topic-specific training, integrated trainings, and gender)		570 (353M, 217F)	APEs and YPEs over the past two years
<b>Family Planning and Reproductive Health</b>			
Number of new users	30	30	49 women referred to health centers of which 30 actually went and received a method.
Number of counseling visits for family planning/reproductive health (FP/RH) as a result of USG assistance	903	903	
Number of USG-assisted service delivery points providing FP counseling or services	No data in WCS report		Some APEs are obtaining FP commodities (pills) from district health centers per previous arrangement with MOH. However, the exact number of APEs FP distributing supplies is not constant because some health centers either do not have enough supplies to give to APEs or want to distribute pills themselves.
Average household distance/time to access family planning commodities	No change	10km from village to health center  1-5 km from lead farmers to household	

## TKCP PNG PMP Field Data Summary

INDICATOR	July to December 2012	Cumulative Results To Date	Comments
<b>General</b>			
Number of individuals trained (disaggregated by population (P), health (H), and environment (E) topic-specific training, integrated trainings, and gender)	61 (46M, 15F)		43 APEs (37 M, 6F) and 18 YPEs (9M, 9F)
<b>Family Planning and Reproductive Health</b>			
Number of new users	No data in TKCP report		
Number of counseling visits for family planning/reproductive health (FP/RH) as a result of USG assistance	No data in TKCP report		
Number of USG-assisted service delivery points providing FP counseling or services	None during this period-	0	
Average household distance/time to access family planning commodities	No change	Few minutes to 12 hrs	

## BMCT (Uganda) PMP Field Data Summary

INDICATOR	July to December 2012	Cumulative Results To date	Comments
<b>General</b>			
Number of individuals trained (disaggregated by population (P), health (H), and environment (E) topic-specific training, integrated trainings, and gender)	49 (24M, 25F)	49 (24M,25F)	29 APEs (13M, 16F) and 20 YPEs (11M, 9F)
<b>Family Planning and Reproductive Health</b>			
Number of new users	191	191	



Number of counseling visits for family planning/reproductive health (FP/RH) as a result of USG assistance	655	655	
Number of USG-assisted service delivery points providing FP counseling or services	None		Government village health teams (VHTs) already provide free FP methods. Therefore, it was decided not to train additional CBDS, but rather to train VHTs as APes.
Average household distance/time to access family planning commodities	No change	Fewer km up to 8 km from village to health center	

### VEDCO (Uganda) PMP Field Data Summary

INDICATOR	Jan 1 to June 30, 2012	Cumulative Results Years 1 to 4	Comments
<b>General</b>			
Number of individuals trained (disaggregated by population (P), health (H), and environment (E) topic-specific training, integrated trainings, and gender)	60 (35M, 25F)	125 (71M, 54F)	60 YPEs (35M, 25F) during this reporting period
<b>Family Planning and Reproductive Health</b>			
Number of new users	993	993	VEDCO report states, "990 females are using pills and injectables and 3 have undergone tubal ligation. It is unclear whether these numbers are new users (except the 3 who had TL)
Number of counseling visits for family planning/reproductive health (FP/RH) as a result of USG assistance	1,530	1,530	According to VEDCO report, 1,230 were counseled and referred to health centers and 330 continuing users
Number of USG-assisted service delivery points providing FP counseling or services	None		An MOA is in progress with the Uganda Health Marketing Group (UHMG) for CBDs to sell FP commodities at subsidized price. CBD

			training was delayed for budget reasons but will take place next quarter.
Average household distance/time to access family planning commodities	Average distance from village to the health post is 2.5 km  Average distance from HH to PE is 1.5 km		

## Appendix 1. BALANCED Communications/Dissemination Activities: July to December 2012

### I. Update on June 2012 PHE Course in Narragansett, RI<sup>6</sup>

<b>Audience</b>	<b>Date Sent</b>	<b>Person Responsible</b>	<b>Number of People Reached</b>
East Africa PHE listserve	July 2012	Jason Bremner	200

### II. Blog - 3 Signs of Hope for Slowing Population Growth – July 11, 2012

<b>Audience</b>	<b>Date Sent</b>	<b>Person Responsible</b>	<b>Number of People Reached</b>
PHE listserve	July 11, 2012	Janet Edmond	975
CI staff in 24 countries	July 11, 2012	Janet Edmond	800
Sierra club tweet to PHE network	July 12, 2012	Kim Lovell, Sierra Club	500
<b>Total</b>			<b>2,275</b>

### III. Link to Ken Weiss's article in the L. A. Times on the Philippines PHE activities

<b>Audience</b>	<b>Date Sent</b>	<b>Person Responsible</b>	<b>Number of People Reached</b>
East Africa PHE listserve	August 2012	Jason Bremner	200

### IV. New Ocean & Coastal Management Journal Article on BALANCED Project PHE Efforts in Tanzania – September 2, 2012

<b>Audience</b>	<b>Date Sent</b>	<b>Person Responsible</b>	<b>Number of People Reached</b>
PHE Listserv	September 2, 2012	Janet Edmond	969
CI Marine staff	September 4, 2012	Janet Edmond	82
East Africa PHE network	September 2012	Jason Bremner	200
<b>Total</b>			<b>1,291</b>

<sup>66</sup> This was a not a BALANCED project activity; however some participants were supported by the BALANCED Project.

III. Population and Environment in Saadani National Park, and Repositioning Family Planning in Sub-Saharan Africa – October 23, 2012

<b>Audience</b>	<b>Date Sent</b>	<b>Person Responsible</b>	<b>Number of People Reached</b>
New Security Beat ECSP News – Women, Health and Development blog	October 23, 2012	WWC/ESCP	1000+
<b>Estimated total</b>			<b>1000+</b>

IV. BALANCED Project Announces February 2013 East Africa PHE Course in Tanzania – November 2, 2012

<b>Audience</b>	<b>Date Sent</b>	<b>Person Responsible</b>	<b>Number of People Reached</b>
PHE list serve	November 2, 2012	Lesley Squillante	950
PHE Policy & Practice group	November 3, 2012	Janet Edmond	35
JHU K4Health news	December 4, 2012	Janet Edmond	1000
East Africa PHE Listserve	November 2012	Jason Bremner	200
<b>Total</b>			<b>2,185</b>

V. Clean Cookstoves and PHE Champions on Tanzania's North Coast (videos) – November 5, 2012

<b>Audience</b>	<b>Date Sent</b>	<b>Person Responsible</b>	<b>Number of People Reached</b>
USAID/Tanzania staff	November 5, 2012	Elin Torell	2
USAID ORPH newsletter	December 9, 2012	Janet Edmond	1,000+
PHE Listserv	November 5, 2012	ECSP staff	1,000
PHE Policy and Practice group	November 5, 2012	ECSP staff	35
ECSP news: Women, Health and Development newsletter	November 1, 2012 and November 19, 2012	ECSP staff	1,000
FP Community Listserv	December 9, 2012	Janet Edmond	450
Africa Biodiversity Collaborative Group (ABCG) Listserv	November 29, 2012	Janet Edmond/Natalie Bailey	350
East Africa PHE Network	November 2012	Jason Bremner	200
<b>Total</b>			<b>4,037+</b>